



# The Polio Post

The Voice of the Polio Survivors & Associates Fellowship

(A group of Rotarians dedicated to improving the health of polio survivors. This Fellowship operates in accordance with Rotary International policy, but is not controlled by Rotary International )

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PSA Website: <http://www.rotarypoliosurvivors.org>

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## Updates to our Website

We have recently added a page of links to our website that point to other sites with information of interest to Post Polio Survivors. It is located at:

<http://www.rotarypoliosurvivors.org/pdf/document11.pdf>

The PSA fellowship is trying to make things a little better for the Polio Survivors around the world. We hope to assist the Rotary International and other World health organizations quest for a polio-free world by the end of 2005.

Do you know of something that is coming up that might be of interest to our members? Everyone who is receiving an email telling you about this Polio Post is already a member of the PSA email group. So, you can send an email to [PSA@TARANTO.COM](mailto:PSA@TARANTO.COM) and assuming it is relevant to our charter, it will be sent to every member of the group.

Following are three examples of items that would be appropriate to be sent to the group. Please consider sharing your own information or queries with us.

## Happenings Around the World

### Australian Happenings (sent by Kris Klugman)

The next bulletin might usefully carry some news from Australia and PSA-connected activities here:

1. 3-month exhibition on Rotary/polio eradication, mentioning Australian Post-Polio network story and contacts, opens 9 Dec 04 (through 28 Feb 05), at the National Museum of Australia, in Canberra, the capital of Australia. Organized by Dr. Kris Klugman,

Past President of the Rotary Club of Canberra Burley Griffin, and Australian director of the PSA.

2. With the exhibition there will be a one-day seminar (16 Feb 2005) on "Post-Polio Syndrome: the Sleeper Sickness", discussing the growing number of people affected by PP in Australia, involving all key Australian health officials and PP people.

3. The exhibition will travel to four other Australian States through 2005-6.

4. There is an 'exhibition on a CD' prepared in English, for Australian use (could be readily adapted to other countries), containing text and photos. These can be printed and mounted to any size to suit available local display space. Contact [E:rowlings@ozemail.com.au](mailto:E:rowlings@ozemail.com.au) for details of how to secure a copy. Cost is Postage plus Handling only (approx. \$30-40 US).

### Last Polio Child on TV

"The Last Child: The Global Race to End Polio" premiered nationally on public television in October 2004 (check local listings). The television debut of this powerful new documentary is presented by WCVE Richmond PBS and nationally distributed by American Public Television (APT). Produced and directed by Scott Thigpen in association with Red Sky Productions, "The Last Child" examines the challenges of finishing the largest public health initiative in history—the global eradication of polio. Emmy award-winning filmmaker Thigpen and his crew traveled to eight countries to capture the story of the pursuit to defeat polio against great odds—from confronting civil wars and dangerous virus mutations, to overcoming cultural misunderstandings and competing health priorities. For more information

about the film and polio eradication efforts, visit [www.lastchild.org](http://www.lastchild.org).

**PSA Director, Joan Headley, has announced the 2005 Ninth International Conference on Post-Polio Health and Ventilator Assisted Living**

Post-Polio Health International's next unique gathering of polio survivors and health professionals from all over the world is scheduled for Thursday, June 2 through Saturday, June 4 in St. Louis, Missouri. The conference will be at the Marriott St. Louis Downtown. Daily and half-day registration will be offered.

Over 45 practical and participatory sessions will focus on Strategies for Living Well. "Ray Klingensmith, Trustee of the Rotary International Foundation and Ray Taylor, Chairman PSA will be among the presenters."

Program and registration details will be available in January 2005. Members of Post-Polio Health International, including International Ventilator Users Network, will be notified by mail or email. To receive the email about the meeting, contact [info@post-polio.org](mailto:info@post-polio.org), visit [www.post-polio.org](http://www.post-polio.org) or call: 314-534-0475.

## PSA Website Links to Related Web Pages

- 1) The Polio Survivors and Associates Fellowship (PSA) maintains an archive of its newsletters and other reference documents at:

<http://www.RotaryPolioSurvivors.org>

The PSA Fellowship also maintains an email list. It is used for general communication and occasionally to send items of polio interest to anyone on the "list". Members of the list may also send a message to the group moderator for posting at [psa@taranto.com](mailto:psa@taranto.com) You may be requesting advice or informing the members of an upcoming event or new research or describing an experience you have had.

All items will be reviewed. Messages are not automatically forwarded to everyone, but when appropriate they will be. For example, specific health questions are forwarded to appropriate professionals for their response.

Member messages may include a link to any new newsletters or other website entries when they are available. Everything is stored as a PDF file.

To subscribe to this email list go to:

<https://www.taranto.com/mailman/listinfo/psa>

Below are some of the many websites the editors and PSA leaders have found to be useful. We will be linked to these and others as we learn about them.

- 2) A major source of information is: <http://www.post.polio.org> This is the site for Post-Polio Health International in St Louis, MO. This is a very complete website with lots of information on news, support groups, polio institutions, etc. It is managed by our PSA Director, Joan Headley. When you go to this site you will find a multitude of additional links.

- 3) The International Centre for Post-Polio Education and Research, Englewood (NJ) Hospital and Medical Center, USA has a number of pages of information at:

<http://www.postpolioinfo.com/>

4) The San Francisco Bay Area Polio Survivors, is a non-profit organization. It has this web site with some information.

<http://www.hometown.aol.com/sfbaps/>

5) The following contains a description of 7 hours of video on various post polio subjects, which can be borrowed or rented.

[http://www.hometown.aol.com/sfbaps/myhomepage/pdf/Tapes\\_Announcement.pdf](http://www.hometown.aol.com/sfbaps/myhomepage/pdf/Tapes_Announcement.pdf)

6) This site contains observations from the San Diego Post Polio club.

<http://hometown.aol.com/ppsman/PPSManager.html>

7) This website contains detailed mail and news on current news on polio and PPS.

<http://www.nlm.nih.gov/medlineplus/polioandpostpoliosyndrome.html>

8) The San Diego community has a website for their support group for Post Polio Survivors. It gets 2,000 hits per month. The editor is Rick Kneeshaw.

<http://polio.home.mindspring.com/>

9) This site contains the detailed notes taken at the Post Polio Conference at Kaiser Permanente in October, 2003.

[http://sandiego\\_polio.tripod.com/Oakland\\_PPS\\_Conf\\_Sep03.htm](http://sandiego_polio.tripod.com/Oakland_PPS_Conf_Sep03.htm)

10) The personal website of Gladys Swensrud contains her observations on her treatment of her Post Polio Syndrome.

<http://www.swensrud.com/postpolio>

11) An International post-polio site, with some famous personalities such as Mia Farrow and Willie Nelson as members. It has a medical article library.

<http://www.ippso-world.org/home.htm>